

How do I know if I can join?

If you meet the financial eligibility requirements for MassHealth (Medicaid) and are 65 years of age or older, you may be eligible to join. You can have both Medicare and MassHealth, or MassHealth alone. Some other requirements apply, so please call the telephone number below for more information.

How can I learn more?

To learn more about Senior Care Options, call today. Knowledgeable staff are available at the telephone number below to answer your questions. They can help you decide if Senior Care Options is right for you.

Senior Care Options

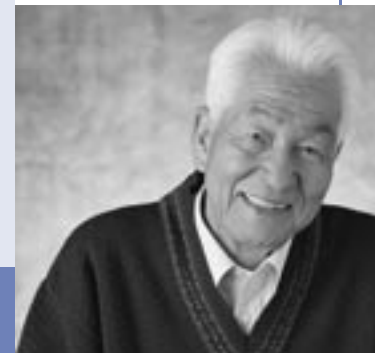
- coverage for all medically necessary MassHealth and Medicare services
- individualized care plans
- specialized geriatric support services
- a primary care doctor who coordinates all of your care
- 24-hour access to professional staff who know your health-care needs
- less paperwork
- support for your family and other caregivers
- your involvement in decisions about the care that you receive

**Bringing Medicare
and MassHealth together...**

SCO
Senior Care Options



a health-care plan that's as
individual as you are



Call

1-888-885-0484

(TTY: 1-888-821-5225 for people
with partial or total hearing loss)

Monday – Friday
9:00 A.M. – 5:00 P.M.

Senior Care Options is a partnership of the federal Centers for Medicare & Medicaid Services (CMS) and the Commonwealth of Massachusetts.

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or visit

www.mass.gov/masshealth.

Senior Care Options

A health-care plan that's as individual as you are

Senior Care Options (SCO) is a new program that combines health-care services with social support services to help you maintain your health and stay in your own home.

With SCO, a team of medical professionals works together to provide you with care that is individually tailored to your needs. Plus, your SCO doctor provides coverage 24 hours a day, so you can get information or help any time you need it.

How do I get my care?

With SCO, you and your family are in control of your health care.

When you join, you and your family meet with a doctor that you choose from the SCO network. Together, you develop a care plan that's designed just for you. Your doctor, along with a team of nurses, specialists, and a geriatric support services coordinator, coordinate all of your care, so you can get the health care you need when you need it.

What is covered?

SCO covers all the health-care services you get from MassHealth. If you have Medicare, those services are covered too.

The care is delivered by medical and other professionals who are part of a network, called a *senior care organization*, that was created specifically to serve seniors.

SCO covers many services, including:

- primary care and specialty physician visits
- regular preventive health-care services
- prescription drugs
- lab and X rays
- emergency care
- inpatient hospitalization
- mental health and substance abuse treatment services
- nursing-facility care
- community long-term care
- transportation for medical care and other services that are in your care plan

What are the benefits of joining?

There are many benefits of joining. In addition to all of the services that MassHealth and Medicare cover, you get:

Coordination of your care, including:

- a team of professionals who know you and your health-care needs
- a centralized record of your health and medical information
- your active involvement in all of the decisions made about your care

Individualized care, including:

- a care plan that is designed specifically for you
- specialized geriatric support services
- 24-hour access to a team of professionals who can answer your questions or give you information you may need

Supportive care for you and your family to help you stay at home, such as:

- rehabilitative therapies
- medical equipment
- home care services
- respite care for your family or other caregiver

Is this an HMO?

No, senior care organizations are different from HMOs (health maintenance organizations).

As with an HMO, you choose a primary care doctor from the SCO network who coordinates your care. But unlike an HMO, SCO covers *all* of the services that MassHealth and Medicare cover, including comprehensive prescription drug coverage, long-term care, and supportive care at home.

Do I have to join SCO?

No, you do not have to join SCO. But depending on your particular needs, SCO may be a good choice for you. And if you join SCO and decide later that it's not right for you, you can disenroll and go back to regular MassHealth.